Create a Healthy, Productive Home Office

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A personal workspace with all the perks



ALL DEST BA



Work Better, Feel Better™





Remote work is quickly becoming the new norm. That means your home office needs to be just as productive as the corporate office. With the right tools, you can create a comfortable, healthy and productive workspace... with a shorter commute.



Configure for Comfort

Your monitor position matters. Set the top of the monitor frame at eyebrow level and place about an arm's length away, or approximately 20" to 35". This positioning helps prevent eye strain and neck strain.

Select a monitor or laptop support that maintains a monitor height that fits your personal comfort, or choose a monitor arm for more flexibility in screen positioning. Laptops should not be used for prolonged computer entry unless used with external input devices to prevent strain and slouching.



I-SPIRE SERIES[™]
 Laptop Lift
 Elevates laptop for enhanced viewing comfort at your desk

• Built-in curved design helps keep laptop cool

9472403 - Black and Gray 9311203 - White and Gray



DESIGNER SUITES™ Monitor Riser • Storage tray organizes essentials • Height range of 4.4" - 6" 8038101 – Black

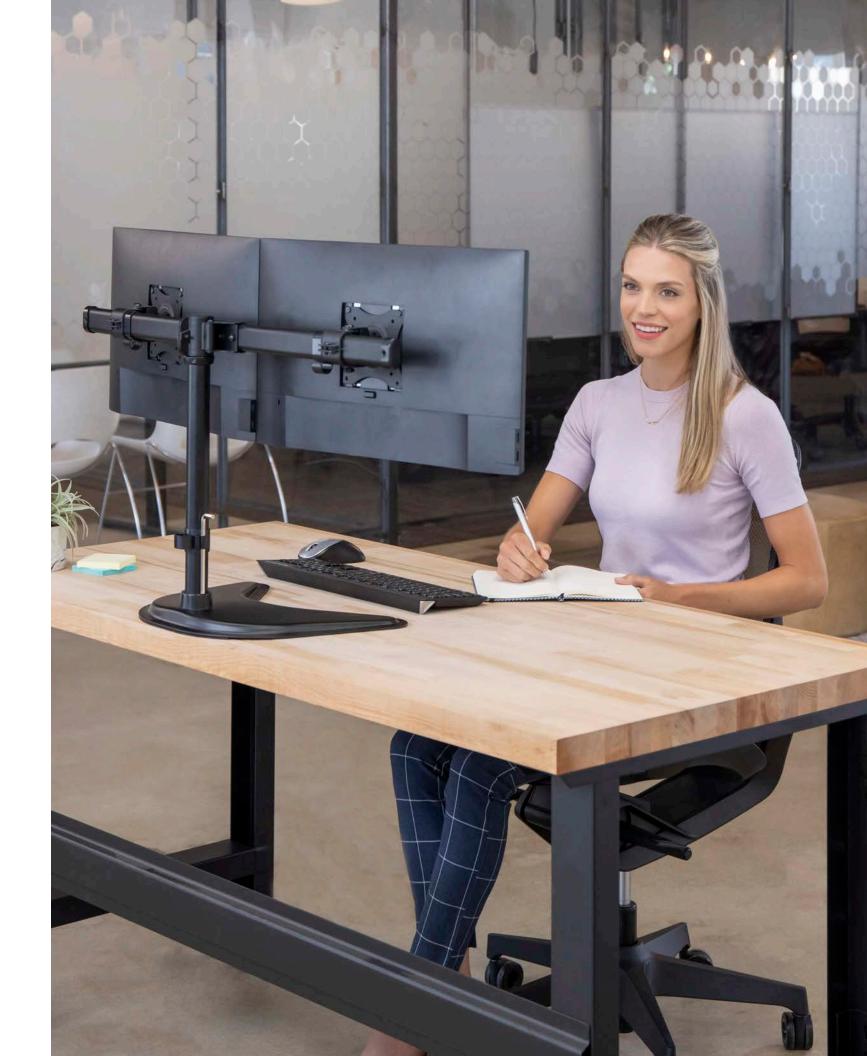


PROFESSIONAL SERIES Freestanding Monitor Arm

• Create a productive workspace and position your monitors to reduce eye, neck and shoulder strain

• Freestanding design allows monitors to be used in spaces that do not allow a clamp or grommet mount

8049601 – Single Monitor





Hands-On Productivity

When you are more comfortable, you are more productive, especially when it comes to typing and mousing. Positioning the keyboard and mouse closer and lower to your body allows your shoulders to relax. The keyboard should be flat or tilted away at a negative slope. Keep your forearms approximately parallel to the floor with elbows at a 90° to -110° angle. Your wrists should be straight with hands positioned level or below your elbow. Select an adjustable keyboard tray that accurately positions your keyboard for maximum comfort. Choose a wrist support to cushion your wrist to help prevent wrist strain.



DESIGNER SUITES™ DeskReady[™] Keyboard Drawer Easily attaches to most workstations without tools or complex instructions

 Offers 3 height positions below desktop to ensure personal comfort

 Soothing memory foam wrist rests with Microban® antimicrobial protection to keep product cleaner

8038302





I-SPIRE SERIES™ Wrist Rocker[™] and Keyboard Wrist Rocker[™]

 Elliptical design offers a smooth, effortless rocking motion for enhanced mousing and typing comfort

· Easy to clean with a damp cloth

9472903 - Mouse Pad / Wrist Rocker™ 9311803 - Mouse Pad / Wrist Rocker™ ● 9473002 - Keyboard Wrist Rocker™ 9314602 - Keyboard Wrist Rocker™



The Active Home Office

Just as you incorporate movement into the corporate office, you need to stay active and flexible in your home office. Sitting for hours may feel productive but limited physical activity during the workday can drain your energy, morale and your performance. Go for a short walk or stretch, remember to take micro-breaks. You can also use a standing desk in your home office to keep you moving.

Begin by standing for 15 minutes, followed by 45 minutes of sitting. Gradually increase the time standing. Alternate between sitting and standing throughout the day, but don't sit or stand for more than 60 minutes at a time.



LOTUS[™] DX Sit-Stand Workstation

- Stay connected without wires using the convenient wireless charging pad for Qi-enabled devices
- Enjoy a cleaner workspace through built-in Microban® antimicrobial protection that fights the growth of bacteria on surfaces
- Arrives fully assembled—no complicated instructions, no mounting; just unpack and get started

8080201 - White



ANTI-FATIGUE Wellness Mat

Provide lasting cushioned support while using your standing desk
Dimension: 35"W x 24"D
8707002 - Black





Maintain a Healthy Personal Workspace

It's important to keep your home office clean especially during flu outbreaks. Use a HEPA air purifier to consistently and effectively clean the air the air of viruses, germs, bacteria and other airborne pollutants. Be sure to choose your air purifier based on the square footage of your home office for the best results. As a final step to keep your home office clean, look for products with the Microban logo. Microban® antimicrobial provides continuous protection against bacteria for products such as wrist supports.





AERAMAX[®] Air Purifiers

- 4-stage hospital-type filtration
- AeraSmart™ Sensor monitors the air quality and automatically adjusts the fan speed to keep your air purified
- True HEPA filter with AeraSafe™ antimicrobial treatment safely removes 99.97% of airborne particles as small as 0.3 microns, including pollen, ragweed and other allergens, viruses, germs, dust mites, mold spores and cigarette smoke
- Extremely effective at capturing influenza virus from indoor air (based on independent testing)



9320301 - 100 9320401 - 200 9320501 - 300

9286001 – 90 9286201 – 290



Remote Work with Sensitive Documents

The risks of identity theft remain even when you work remotely. If you're managing confidential documents from your home office, be sure to follow your company's document destruction policy. Cross cut and micro cut paper shredders provide the highest levels of security. Find one that fits your home office.



POWERSHRED® 6C Cross-Cut Shredder 4771502



MICROSHRED 8MC Micro-Cut Shredder 4692402



POWERSHRED® 60Cs Cross-Cut Shredder 4606004





At Home Document Protection

If you laminate for company events, office signage or handouts, don't miss a beat in your laminating workload. Home laminators are compact and portable and provide high quality laminating results while saving space. Don't forget the laminating pouches. Choose larger pouch packs so you don't have to reorder. Be sure to choose the right pouch thickness for your projects. 5 mil offers a good mix of durability and flexibility. 3 mil is best for documents with minimal handling.



HALO[™] Laminator 5753001 - 9.5" 5753101 - 12.5"



THERMAL LAMINATING **Pouches - Letter**

5743301 - Letter, 3 mil, 100 pack 5743501 - Letter, 5 mil, 100 pack



BANKERS BOX

More Organized, More Productive

A disorganized home office can impact your productivity. Take time to organize the documents you use every day. Bankers Box® gives you the flexibility to sort and stack your files to free up valuable workspace. Heavy-duty and portable, conveniently transport files from the office to home.

Be sure to label. Bankers Box[®] products feature clear external labeling so you know what is inside at a glance. With plastic or corrugated you can customize your own storage system.



R-KIVE® Letter/Legal Box, 07243 White/Blue



STOR/FILE™ Letter/Legal Box, Lift-Off Lid



HEAVY DUTY **Plastic Box** 0086302 - Portable Box 0086207 - Letter/Legal File Box



DECORATIVE Literature Sorter - Letter 6170301 Pinstripe



DECORATIVE Stor/File™ 0029803 Pinstripe

